

Appt. Date: _____

Appt. Time: _____

Patient Name: _____

Physician: _____

uroCuff

How to prepare for a successful UroCuff™ Test

- Please arrive at our office at your scheduled appointment time with a **comfortably full bladder**. If you arrive and are not quite full, please ask our receptionist for water to drink and have a seat in the waiting room.
- Notify the receptionist when your bladder is full and you feel like the **Orange** face below on the Bladder Urgency Scale.
- Thank you and please let us know if you have any questions.

Bladder Urgency Scale



No urge



Mild urge to go



Want to go



Need to go



Can't wait

UroCuff™ Test Frequently Asked Questions

What is the purpose of the UroCuff Test?

UroCuff Testing allows your doctor to evaluate how your bladder and the bladder outlet are functioning. This information will help you and your doctor determine the best treatment plan.

How long will the test take?

The test usually takes between 5 to 10 minutes.

What will happen during my test?

When you are ready for the test, you will be brought to a private room. A small cuff, similar to a blood pressure cuff, will be placed around your penis, and surface electrodes may also be placed on your abdomen and/or perineum. You will be asked to void into a portable toilet. While you're voiding, the cuff will slowly inflate until the cuff pressure stops the urine flow. The cuff will then deflate and you will begin voiding again. The inflation intervals will continue until you've emptied your bladder completely. The cuff and electrodes will then be removed.

Is the test uncomfortable?

For most patients, the test is not uncomfortable. Some patients may experience mild discomfort while the cuff is inflating.

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